



HIGHLIGHTS 2024

2023-24 Fiscal and School Year Accomplishments

East Bay Agency for Children (EBAC) continued our 72-year legacy of providing prevention programs, treatment interventions, and critical support services for children, youth, and families impacted by trauma. We are pleased to share with you some highlights that represent the deep and positive changes our staff made in the lives of Alameda County families from July 2023 through June 2024.

Who EBAC Serves

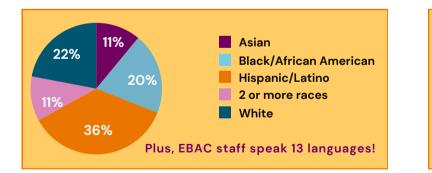
Relative size of our programs based upon the number of children, youth, and families served

40%	Family Resource Centers	
30%	All Mental Health Programs	
23%	Afterschool Programs	
7%	Youth Empowerment Services	

EBAC's Diverse 233 Staff



Breadth of Impact



4,150	Children, youth, and families received individual direct services
20,000	People received other supports and benefits





Launched new 2024-2027 Strategic Plan





Supporting Families at Resource Centers

EBAC's Family Resource Centers help stabilize families through case management, public benefit application assistance, resource referrals, and information sharing. Some centers also provide early childhood programming and physical health care and dental services.

- 6 Family Resource Centers
- 1,624 families received critical stabilizing services
- 19,000 other families received other supports
- 10 languages spoken by staff

Highlight!

Staff facilitated over 50 family workshops including parent support groups in Mam, Spanish, and English, parent wellness groups, and a specialized Yemeni Women's Group. Circle of Care facilitators offered peer support groups and Resilient Parenting for Grieving Parents workshops for bereaved families.

Counseling Students at School

EBAC's School-Based Behavioral Health program provides individual, group, and family therapy as well as supports in the classroom and on campus for students in grades K-12.

- 995 children and youth served
- 26,140 hours of service
- 59 Therapists and 6 Family Navigators
- Served students at 39 schools in 6 districts

NEW!

Intensive Care Coordination and Enhanced Case Management services coordinate services for highneeds children receiving support from multiple public and community agencies and provide case management for Medi-Cal eligible families who need extra help meeting life and health challenges.

Mental Health Concerns

EBAC therapists worked to address these concerns as expressed by children and youth when they began their counseling. (Noted is the percentage of children and youth who reported experiencing each condition.)

Anxiety	Depression		Anger Control
50%	34%		24%
Adjustments	Impulsity and	All others	
to trauma	Hyperactivity	were under	
44%	23%	6% each	

Oakland Youth

EBAC's Youth Empowerment Services (YES) offers case management, therapy, and life coaching to Oakland youth who are disengaged from school and need extra support, including those with existing or potential juvenile justice system involvement and unaccompanied immigrant minors.

- 377 Oakland youth served at over 25 schools
- 57 youth completed requirements to graduate
- 10 successfully completed terms of their probation

Highlight!

By the time they completed our YES program, 74% of youth had met at least 2 of the 3 life goals they set for themselves with the support of their YES case manager.

Little Ones @ EPIC

EBAC's EPIC program works with teachers and school staff to helps children ages 3-1/2 to 6 build skills to regulate their emotions and respond ageappropriately in a school setting.

- 44 Preschoolers, T-K, and Kindergartners served
- Services at 2 Oakland schools
- Summer programming for Head Start preschoolers

Highlight!

EPIC staff collaborated with teachers and staff to adapt existing classroom and school policies and practices so they better met the needs of young children who struggle in a school setting.



Building Resilience Afterschool

EBAC's Afterschool program offers academic support and enrichment classes that cultivate learning and social emotional development for elementary school students.

- 903 children served at 7 Oakland elementary schools
- Added 2 new schools this year
- Specialized programming geared towards both TK and special education students

Highlight!

We successfully piloted Intervention Specialist staff who provided increased academic and behavioral support to students with higher levels of need.

Parants share about EBAC's Afterschool programs

"Your program is the only reason I can get my child to go to school."

"My kids wake up talking about you guys, and they go to sleep talking about you guys."

Intensive Mental Health Interventions

In partnership with teachers and other school staff, EBAC's Counseling Enriched program provides students in special education classes with therapy and other behavioral supports to help them meet their Individual Education Program (IEP) goals and support their school success.

- 68 K-12 students served
- 5 Alameda Unified Schools

Highlight!

Staff concentrated on improving student involvement in reaching their goals, including coaching high school students to practice selfadvocacy in their behavior management, academic work, and post-graduation plans.



Creating Healing Organizations

EBAC's Trauma Transformed program provides training, coaching, and technical assistance to public sector agencies and community-based organizations working to create trauma-informed culture and practices that are optimally responsive to the needs of those they are serving.

- Training, coaching, and technical assistance provided to 30 institutions nationally
- Led 9 organizations through trauma informed systems leadership programs

Highlight!

Trauma Transformed launched a 2-year program with Hayward Unified School District to support student, family, and staff in healing after pandemic distress.



"The YES program helped me graduate high school and figure out a plan with what I want to do with the rest of my life."

EBAC's Mission

East Bay Agency for Children improves the well-being of children, youth and families by reducing the impact of trauma and social inequities.

A Well-trained Workforce

EBAC's Learning & Impact department provides diverse and comprehensive professional trainings to staff from EBAC, peer non-profit organizations, and public agencies that support vulnerable youth and families. Through these trainings, EBAC is working to improve the quality of care provided throughout Alameda County.

- 465 trainings held
- 4,073 EBAC and other professionals trained
- 108 staff completed new trauma prevention trainings
- 6 staff completed TraumaPlay[™] certification training

Highlight!

Learning & Impact and Trauma Transformed cocreated trauma and grief trainings specifically designed for school personnel and successfully piloted the training in two school districts.

EBAC administrative office: 2828 Ford Street, Oakland, CA 94601 For more information: contact Julie West at <u>JWest@EBAC.org</u> or call 510-844-6708 <u>www.EBAC.org</u>

Consider a donation at <u>EBAC.org/Donate</u>

